

OTTER TRAIL GUIDE

TIDES DEC 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0509	1925	0035	1303	0638	1923
2	0509	1925	0132	1351	0728	2010
3	0509	1926	0222	1438	0815	2054
4	0509	1927	0310	1526	0901	2138
5	0509	1927	0356	1613	0947	2222
6	0509	1928	0441	1659	1035	2305
7	0509	1929	0526	1745	1123	2347
8	0509	1930	0611	1830	1212	---
9	0510	1930	0658	1915	0029	1303
10	0510	1931	0749	2004	0111	1359
11	0510	1932	0849	2101	0157	1509
12	0510	1932	1003	2217	0252	1638
13	0510	1933	1119	2345	0408	1758
14	0511	1934	1220	---	0537	1854
15	0511	1934	0054	1307	0641	1936
16	0511	1935	0145	1348	0729	2012
17	0511	1936	0227	1426	0809	2046
18	0512	1936	0303	1501	0845	2118
19	0512	1937	0337	1536	0920	2150
20	0513	1937	0409	1610	0954	2221
21	0513	1938	0441	1644	1028	2253
22	0514	1939	0514	1718	1103	2324
23	0514	1939	0547	1752	1139	2357
24	0515	1940	0624	1829	1218	---
25	0516	1940	0704	1909	0031	1302
26	0517	1940	0751	1956	0110	1354
27	0518	1941	0848	2055	0156	1456
28	0518	1941	0956	2210	0253	1613
29	0519	1941	1112	2344	0409	1740
30	0519	1942	1225	---	0544	1856
31	0520	1942	0107	1329	0704	1956

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

